



Lent this week —
A Challenge!

"Operation Transformation"

Ash Wednesday : Ashes after 10am Mass Ashes all day
—Simply visit the church between 10am, and 8p.m. ,
place ashes on forehead saying the prayer

"I resolve to change my Life and Live the Gospel of Jesus Christ Better."!

- ◆ 7:30pm Evening Mass Monday-Friday during Lent
- ◆ Stations of the Cross Friday after 10am and 7.30pm mass for Lent
- ◆ Tazie Mass every Tuesday at 7.30 pm
- ⇒ Two official days of fast and abstinence - Ash Wednesday & Good Friday.
(Senior citizens and children are not expected to fast.)

OUR PARISH IN ACTION 2017



- ◆ **Card Game (25) / Scrabble** at 2 pm Fridays in Gailee Hse.
- ◆ **Gentle Exercise Class:** Fridays 11.45am in Conference Room
& Saturdays in Galilee Hse.
- ◆ **Seniors Luncheon:** Fridays 1p.m. in Galilee Hse. Followed by Bingo/ Cards.
- ◆ **Ark Café** every Monday after 10am Mass in the Conference Room at the back
of the church, Tea, Biscuit and Chat . All Welcome.
- ◆ **"Thoughts on Thursday"** 10.30am in Galilee Hse. This term we explore
what it takes to make good decisions in life. How to follow through? Will-
power, Discernment,
- ◆ **Galway Youth Choir** - young adults (16—20+ yrs) welcome more to join in
the fun and share the love of music every Sunday at 7pm in Galilee House.
Simply drop in if interested. Director Stephen Carrroll
- ◆ **Musicians:** Jam session/rehearsals Mondays at 11 am in Galilee house.
- ◆ **Adoration** each weekday 10.30am to 7.30pm.
- ◆ **Men's Shed** - Open and at work Tuesday & Thursday 2.30pm - 4pm.
if interested, simply turn up at garage/workshop in Church Car Park)



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Dear Fellow Traveller,

Lent – Operation Transformation !

Lent is upon us again with Ash Wednesday coming up this week on March 1st.

In ancient times “sackcloth and ashes” were used as an outward sign of one’s inward condition. Such a symbol made one’s change of heart visible and demonstrated the sincerity of one’s grief and/or repentance. God’s forgiveness in response to genuine repentance is celebrated by David’s words: “You removed my sackcloth and clothed me with joy” (Psalm 30:11) The practice of “Lent” as we know it goes back to about the 4th century when the Emperor Constantine officially recognised Christianity as the official religion of the Roman Empire - so much so that if you were not a Christian you were an enemy of the state. He declared there should be a time of fasting and penance by all in preparation for the celebration of the most important event in the Christian Calendar— Holy Week and Easter. Forty days were marked out for this, - Jesus is said to have spent forty days in the desert preparing for his public mission.

On Ash Wednesday people traditionally mark their foreheads with ashes as a sign of “Repentance” and a symbol of our “Mortality”. We are all conscious that we can do better and that we have got some things wrong in the past - thus “Repentance” .

I am sure many of you have seen the T.V. Programme “Operation Transformation”. That initiative concentrates on people trying to get their health in order, targets are set for weight loss, participants are weighed each week, they are given an exercise programme to follow and lots of encouragement to achieve their goal. This year we are proposing “Operation Transformation” for our parish - Spring cleaning our day to day lives !

To my mind there are few areas we need to look at

- a) Myself as an individual - - make myself a “fit” follower of Christ. We examine our life in terms of physical wellbeing — bringing up all the traditional issues like smoking, drink, weight loss, timekeeping, healthy living (daily walk the Prom);
- b) Secondly we look at life style eg “my connection with my family”, inappropriate/bad habits that have crept in to my life and we try to improve.
- c) My roll in society. We resolve to making our community better by for example being the good neighbour - Giving something back, This may involve “helping the less well off” either directly by personal involvement is some charity work/becoming a volunteer and/or maybe contributing financially to organisations working with the poor Ps. —(Don’t forget to pick up a “Trocaire Box” for the mantle piece).

Ash Wednesday : Salthill Church will have Ashes available all day —Simply visit the church between 10am and 9p.m. , place ashes on your forehead saying the prayer

“I resolve to change my Life and Live the Gospel of Jesus Christ .” !



May we be able to “transform” our lives for the better !

Have a good Lent ! - G.J.



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A Lenten Retreat at the Jesuit Centre: A guided retreat at your own pace, checking in once a week with an experienced prayer guide. **Opening session: Tues.** March 7th at 8pm. Booking: 086 877 6537. jesuitcentregalway@gmail.com,

Croi Nua - Taize Feb 27th @ 8pm,. An hour of spirituality and prayer - last Monday of every month.
Dance if the Listening Heart— Six week course. Begins Tues 28th Feb. 7.30pm. Info & Booking to Patricia 085 7103022

Children in Hospital (CHI) are recruiting volunteers to provide play and fun for sick children in hospital. Introduction and interview Wed 1st March @6pm. If you are interested please register with infor@childreinhospital.ie or call 01 2903510

Youth 2000 Connaught Retreat for all people 16-35 yrs will take place in Presentation College, Athenry Fri 3rd March to Sunday 5th. See notice board for details

Galway Hospice Fundraiser - Clybaun Hotel Fri 3rd March 'Dance to "Streetwise" 9pm to 12. Adm €10. Tea and lots of spot prizes. Further info Sean Casey.

Galway Dyspraxia Support Group are hosting their first meet up for adults with DCD/ dyspraxia on Tuesday 28th February at 7.30pm in the Connacht Hotel.

Epilepsy & Employment Information evening, 1st March at 6pm at AC202, NUI Galway. Tel -091 587640

Irish Pilgrimage Trust annual collection takes place this weekend. Funds are used for children's Lourdes pilgrimage and holiday for young people with special needs.

**Teams for March
Holy Communion**

5.30pm
Michael Mc Cann
Brian Mc Goldrick
John Gibbs
Joe Toner

9.30am
Noreen Loughnane
Maura Connolly
Josephine Murphy
Tom Quigley

11am

Annette Hanley
Delma O'Reilly
Evangeline
Cummins
Doreen Mc Alinney
Colette Burke

12.30 pm
Terry Fanning

6pm
Rosaleen Carroll
Mary Geraghty
Antionette O'Neill

Collectors/Ushers

5:30pm.
Tony O'Connor
(Oaklands)
Tony O'Connor
(Pollnarooma)
Eugene Dunleavy
9.30am
Thomas Nestor
John Murphy

11am Tony O'Connor
John Cuffe
Mattie Gilmore
12.30 pm
Barry Mitchell
6pm Brendan Reid

MASS TIMES.

WEEKENDS

Saturday: **5:30pm (Vigil)**
Sunday: **9:30am, 11am,**
12:30pm, 6pm.

WEEKDAYS: 10am & 7:30pm
Sat.: 10am & 5:30pm

The Parish Office:

Phone: (091) 523413
E-mail:
salthillparish@eircom.net
Hours: Mon-Fri: 9:30—4.30pm
(Lunch 1-2p.m)

Parish Co-Ordinator:

Frank Keane.
Parish Secretary
Yvonne Thornton (Mon-Wed).
Rhona Bolger (Thurs-Fri).

Parish Sister:
Sr. Breege Ruane

Music Director:

Jackie Lillis.

Priests of the Parish:

Fr. Gerry Jennings 523 413
Fr. Michael Bailey 526006
Parish Deacon

Rev. Declan Lohan 523413

Adoration

Mon - Fri: 10:30am — 7:30pm

CONFESSIONS

Saturday after 10.am. Mass.

Morning Prayer

Mon 9:45am Week 4

READERS this Weekend

5.30 pm Parish Reader
9.30 am Parish Reader
11a.m. Molloy Family
12.30pm Gilmore Family
6p.m. O'Flaherty Family

Flowers

Peigi Murphy
Muriel Silke

Linens this week

Bridie O'Mahoney

Many Thanks to All.

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Colette Burke

12.30 pm
Terry Fanning

6pm
Rosaleen Carroll
Mary Geraghty
Antionette O'Neill

We pray for those who died recently especially —

Albert Porter (U,K) father of Doug Porter, Oaklands laid to rest this week

We remember also all those with Month's Minds, Birthdays and Anniversaries at this time including:

Sat	25th	5.30pm	Fred Creaven (A) Teresa Dolan (A) Pat & Peggy Stack (A) Sheila Griffin (A) Patrick Griffin (A) Josephine & Billy Ward (A)	G.J.
Sun	26th	9.30 am	Private Intention	G.J
		11am	Michael E Molloy (A)	M.B
		12.30pm	Michele Gilmore (A) Joe, Mary & Owen Coyle (A)	G.J.
		6pm	Nora O'Flaherty (1st A)	M.B
Mon	27th	10am	Jack Mc Guire R.I.P, Special Intention	G.J
Tues	28th	10am	Lena Jennings (A) Dympna Waldron (A) Joan O'Halloran (A) Decd members of the Cashin family	M.B.
Wed	1st	10am	Private Intention	MSC
Ash Wednesday		7.30pm	Private Intention	
Thurs	2nd	10am	Kate Hankshaw (R.I.P.) Special Intention	M.B
		7.30pm	Private Intention Decd members of Carragh Hill Residents	G.J.
Fri	3rd	10am	Sean Mc Manamon R.I.P	G.J.
		7.30pm	Private Intention	M.B
Sat	4th	10am	Mary Kavanagh (A) Sinead Beardon (nee Carney)	G.J.

Next Weekend

Sat	4th	5.30pm	Della & Pat Cunnane (A) and family; Frank Murphy (A) Robert Coombs (1st A) Gladys Griffin (A)
Sun	5th	9.30 am	Private Intention
		11am	Paddy Conneally (A) ; Sean O'Byrne & John O'Brien (A)
		12.30pm	Kathleen King (1st A) Cian Comerford (A) Patrick & Sal Comer (A)
		6pm	Private Intention

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