

Mass Intentions

We pray for those who died recently including : **Betty O'Donoghue**, formerly Taylors Hill - reposing Sunday in Conneely's from 5.30pm to 7pm. Funeral Mass Monday at 11am. **Norah Keane, Rockbarton laid to rest Saturday 8th.** We pray too for all those with Month's Minds, Birthdays , Remembrances and Anniversaries at this time including:

Sat	July	8th	5.30pm	Pat & Delia Cunnane (A)	G.J.
Sun		9th	9.30 am	Private Intention	M.B.
			11am	Jack Treacy (A)	G.J.
			12.30pm	Carmel Carr, Emerson Ave (Months Mind)	M.B.
			6pm	Private Intention	G.J.
Mon		10th	10am	Holy Souls	G.J.
			11am	Funeral - Mrs Betty O'Donoghue, (R.I.P.)	
			7.30pm	Private Intention	M.B.
Tues		11th	10am	Special Intention (Thanksgiving) Annie & Peter Lydon (A)	M.B.
			7.30pm	Private Intention	G.J.
Wed		12th	10am	Michael Holian (A) Joe Donoghue (A) Brid mc Menamin (A)	MSC
			7.30pm	Private Intention	M.B.
Thurs		13th	10am	Charlie Mc Con (A)	M.B.
			7.30pm	Private Intention	G.J.
		Fri	14th	10am Christopher Knowles R.I.P. 7.30 pm Michael Daly (1st A)	G.J. M.B.
Sat		15th	10am	Private Intention	G.J.
Next Weekend					
Sat		15th	5.30pm	Private Intention	
Sun		16th	9.30am	Private Intention	
			11am	Liam O'Coinne (1st A)	
			12.30pm	Thomas Fanning (A)	
				Recie Burke (A)	
			6pm	Private Intention	

CHRIST THE KING PARISH, SALTHILL

"A FAMILY OF FAMILIES."

July 9th 2017



PARISH IN ACTION

"PARISH Summer OUTING"

Wednesday 19th July. Depart 9.30 am

When was the last time you ventured out on a bus trip for at day?

Don't let this opportunity pass. Your presence is important and the power of togetherness has many rewards. Even better to bring a friend or two. (Good friends are hard to find!!!!!!).

FREE BUS ; The parish funds are covering the bus hire. The more the merrier.

Leave 9.30am. From Leisureland

Foxford Woollen Mills at 11 am.

Knock Shrine at 2 pm Back home at 5 pm.



Book your place NOW in the parish office.

- ◆ **Blessing of Babies:** Thanks to all who attended last Sunday. It was great to witness so many families with their new babies, children and Grandparents celebrate the gift of life in such a public way. Thanks also to all who helped out with music, teas and coffees etc, The future is bright.



Regular Schedule:

- ◆ **Card Game (25) and Senior Lunch** - Fridays at 1p.m. in Galilee.
- ◆ **Gentle Exercise Class:** Friday at 11:45am and Saturday at 12noon in Galilee.
- ◆ **Ark Café** every Monday after 10am Mass in the Conference Room.
- ◆ **Adoration** Weekdays 10:30am to 7:30pm Extra Adorers needed for summer.
- ◆ **Men's Shed** - Tuesdays & Thursdays 2.30pm - 4pm. If interested, simply turn up/look in at the garage/workshop in Church Car Park. Now running a new **"Gardening Project"** in Rockbarton area - can you give a hand/ be involved ?

Salhills Parish is committed to the protection of all children and young people in our Church. See notice boards for contact persons.





I was thinking



Dear Fellow Traveller,

A very religious man was once caught in rising floodwaters. He climbed onto the roof of his house and trusted God to rescue him. A neighbour came by in a canoe and said, "The waters will soon be above your house. Hop in and we'll paddle to safety."

"No thanks" replied the religious man. "I've prayed to God and I'm sure he will save me"

A short time later the police came by in a boat. "The waters will soon be above your house. Hop in and we'll take you to safety." "No thanks" replied the religious man. "I've prayed to God and I'm sure he will save me"

A little time later a rescue services helicopter hovered overhead, let down a rope ladder and said. "The waters will soon be above your house. Climb the ladder and we'll fly you to safety."

"No thanks" replied the religious man. "I've prayed to God and I'm sure he will save me"

All this time the floodwaters continued to rise, until soon they reached above the roof and the religious man drowned. When he arrived at heaven he demanded an audience with God.

Ushered into God's throne room he said, "Lord, why am I here in heaven? I prayed for you to save me, I trusted you to save me from that flood."

"Yes you did my child" replied the Lord. "And I sent you a canoe, a boat and a helicopter. But you never got in."

In today's world we are overwhelmed by the horror of terrorism, recent loss of a loved one, or inability to pay the mortgage,— crisis takes many forms. Its impact is felt deeply. We feel helpless. What happens when crisis or trauma impacts people's lives? How can we prepare and respond to crisis?

Then there is the importance of differentiating between a problem and a crisis:

A problem is something you can do something about. A problem is a situation presenting difficulty or uncertainty which needs resolution.

A crisis of life is a highly volatile or dangerous situation/emergency requiring immediate remedial action. A crisis occurs when a stressful life event overwhelms an individual's ability to cope effectively in the face of a perceived challenge or threat.

Typically, individuals respond to a crisis with an elevated stress reaction: mental confusion and overload and physical symptoms such as a racing heart and high blood pressure. A crisis can cause people to seek out God or to question their faith.

What are some practical interventions for coping with crisis and fear?

- **Share your story** and your reactions. Begin to process the grief.
- **Seek help and resources** within your church and community or professional counselling if needed.
- **Take care of yourself** through exercise, nutrition, and relaxation.

Surround yourself with family, friends, and support. *"Come to me all you who labour and are heavily burdened and I will give you rest"* Matt 30

Have a Wonder-full week. F.K.

Salthill Active Retired Association are on summer holidays. Meetings resume Wednesday mornings in September.

Vigil of Prayer for Priesthood - A time of prayer with music and reflection in Oranmore Church on Sat 22nd July @ 7.30pm concluding with Benediction at 9pm

Christmas Pilgrimage to the Holyland December 20th—28th 2017. Ex Dublin. Taking in Bethlehem, Jerusalem etc., Contact: : James Treacy 061-921470 or 086-0572216

"Designer Minds" will be running a Primary Science, Design and Technology Summer Camp in Galway. A week of fun for all who love to design, build and experiment. designerminds.ie / 087 631 0411"

Galway Parks Tennis Coaching and fun games at the Knocknacarra Tennis courts 3rd - 28th July. Classes every weekday . €35 for four weeks. Boys and girls 5—14 years of age, beginners and improvers welcome. Equipment provided. Info: 086 0360188 www.galwayparkstennis.com

Day Retreat For Bereaved—Scdul Enterprise are organising a day retreat in Scdul House, Clarinbridge for all those grieving the loss of a loved one. Info: Parish Office or Trisha Murphy 087 9945133 if interested or curious.

Lough Derg 2017 You may begin the Three Day Pilgrimage on any day up to and including Sunday 13th August. Advance booking not necessary. The Lough Derg team can help you to co-ordinate public transport or link up. Telephone Maureen/ Lorraine on 071 9851518 Email: info@loughderg.org www.loughderg.org

Accommodation Wanted - Responsible male looking to rent a room in the Salthill/ Knocknacarra area. Working locally in an Education role. Phone Brendan on 087 7926624 or the parish office for further info.

**Teams for *July*
Holy Communion**

5.30pm
Brian Mc Goldrick
John Gibbs
Joe Toner

9.30am
Tom Quigley
Maura Connolly
Josephine Murphy
Noreen Loughnane

11am
Annette Hanley
Delma Reilly
Colette Burke,

Doreen Mc Alin-
ney,
Evangeline Cum-
mins
12:30
Terry Fanning
6pm.
Rosaleen Carroll
Martin Brennan
Mary Geraghty
Antoinette O Neill

Ushers/Collectors
5:30
Eugene Dunleavy

Tony O'Connor

9:30
Thomas Nestor
11am
John Cuffe
Mattie Gilmore
12:30
Barry Mitchell
6pm:
Brendan Reid

Summer Holidays.
During the next few months we understand that people may be away on holidays etc and we ask "non scheduled parishion-ers" to fill in if necessary.

OUR PARISH

MASS TIMES.

WEEKENDS

Saturday: 5:30pm (Vigil)
Sunday: 9:30am, 11am,
12:30pm, 6pm.

WEEKDAYS: 10am & 7:30p.m
Sat.: 10am & 5:30pm

The Parish Office:

Hours: Mon-Fri: 9:30 4.30pm.
(Lunch 1-2p.m)

Phone: (091) 523413

"salthillparish@eircom.net"

Parish Co-Ordinator:

Frank Keane.

Parish Secretary

Yvonne Thornton (Mon-Wed).
Rhona Bolger (Thurs-Fri).

Parish Sister:

Sr. Breege Ruane

Music Director:

Jackie Lillis.

Priests of the Parish:

Fr. Gerry Jennings 523 413

Fr. Michael Bailey 526006

Adoration

Mon - Fri: 10:30am — 7:30pm

CONFESSIONS

Saturday after 10.am. Mass.

MORNING PRAYER WEEK 1

MONDAYS 9:50AM

This Weekend

READERS

5.30 pm Parish Team
9.30 am Parish Team
11a.m. Treacy Family
12.30pm Mc Daid Family
6p.m. Parish Team

Flowers this week

Maura Connolly
Patricia Donohue

Linens this week

Maureen Kissane