

Mass Intentions this Week.

We pray for those who died recently: **Cecil Collins**, Dalysfort Rd; **Pat O'Dowd**, Lower Salthill;
Mary Phillips, Mayo mother of Mairéad Reichenbach, Rockbarton.
 and all those with Month's Minds, Birthdays, Remembrances and Anniversaries at this time including:

Sat	10th	5.30 pm	Pauline & Dermot Faller (A), Carmel Carr (A) Michael & Sheila Ryan (A)	MSC..
Sun	11th	9.30am	Sean Kirrane R.I.P. Thanksgiving	M.B.
		11.00am	Ronnie Mc Alinney (3rd A) Sean Mc Phillips (A) Tony & Joan O'Halloran (A) Patricia Scanlon (A) Martin Smith (A) Patrick Hussey (A)	D.W.
		12.30pm	Do this in Memory - First Communion Preparation Mass Olive & Jack Smyth (A); Joseph Flaherty (4th A)	M.B.
		6.00pm	Private Intention	G.J.
Mon	12th	10.00 am	Special Intention	M.B.
Tue	13th	10.00 am	Johnny Glynn ; Ruth Mc Loughlin (A)	M.B.
Ash Wed	10.00 am	Michael & Mary Healy (A)	M.SC	
	14th	7.30pm	Private Intention	G.J.
Thur	15th	10.00 am	Bridie Gill (R.I.P.)	G.J
		7.30pm	Private Intention	M.B.
Fri	16th	10.00am	Kathleen Corbett (1st A) Frank & Mary Ellen Houston (A)	M.B.
		7.30pm	Ciaran Mc Ginley (1st A)	G.J.
Sat	17th	10.00 am	Mary Donelan (A)	M.B.

Next Weekend

Sat	17th	5.30pm	Patricia Dolan (nee Kearney) Months Mind Michael Coogan (A) ; Mary Thornton -Kearney (B'day Remb) Peggy & Pat Stack (A) Frank & Etta Burke (A)
Sun	18th	9.30am	Private Intention
		11am	John Geaney, Rockbarton (Months Mind) Paddy (Whack) Walsh (20th A)
		12.30pm	Margaret & Stan O'Reilly (A)
		6pm	Private Intention



11th February 2018

OUR PARISH MOTTO: "CHRIST THE KING PARISH — A FAMILY OF FAMILIES"

Welcome to our New Bishop - Brendan Kelly.

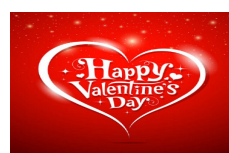


Our Diocese gets its new Bishop this weekend. Ordained in 1971, he served as Curate in Kinvara, and then taught at Coláiste Einde (1972–80) and Our Lady's College, Gort (1980–86), where he was subsequently President until 1995. Receiving a Sabbatical leave, he served as Chaplain to the *L'Arche* community at Cuise-la-Motte in France until 1996. He returned to Ireland as parish priest of Lisdoonvarna, moved to Spiddal as Parish Priest in 2003 and ten years ago he was made Bishop of Achonry (Ballaghderreen). Much experienced — A Nice man .

We welcome him with open arms and we pray for God's Blessing on his work.

Lent begins this week — The Theme is 'THE FAMILY'

- **Ash Wednesday** : Ashes available after Mass & all day — Simply visit the church between 10am, and 8p.m. , place ashes on forehead saying the prayer *"I resolve to change my Life and Live the Gospel of Jesus Christ Better." !*
- **Evening Mass** Monday-Friday 7:30pm during Lent
- **Stations of the Cross** Friday after 10am and 7.30pm Mass for Lent
- **Taize Mass** every Tuesday at 7.30 pm
- Two official days of fast and abstinence - Ash Wednesday & Good Friday. (Senior citizens and children are not expected to fast.)



Free Valentines Card: To promote the theme of "The Family" and the World Meeting of Family in Dublin in August (at which Pope Francis is expected to attend) the organisers have published some nice cards and tokens and car stickers with Lenten/Family ideas.

These cards and tokens are free from the porch. Surprise your loved one with a Valentine Card and celebrate the 'Joy of Love'. — ["When there gone !"]



Today February 11th - World Day of the Sick.. Feast of our Lady of Lourdes

Galway Solemn Novena starts Mon 19th Feb in the Cathedral.



Salthill Parish is committed to the protection of all children and young people in our Church. See notice boards for contact persons.

I was thinking !!

Dear Fellow Traveller,

Toby lost his job at the beginning of the year and had struggled to adjust. Having received lots of good help and re-examining his life he has managed to come through it all in a better shape. So much better that he now sees losing his job as a blessing because he is now doing something that he loves. Life circumstances forced him to move in a different way. Thankfully he overcame and succeeded. Not only did he succeed but he has become an expert (in his own mind) on how to improve your life. He is so excited that all his conversations are filled with advise. He has studied and tried out lots of different ways that he can't wait to share all his new found wisdom. I tried to tell him that the wisdom was always there and the only thing that changed was himself. One needs to be ready to embrace change and we often find it offensive when another pushes their ideas on us.

However I agreed with him on the new approach to change in that we focus on the positive. Rather than giving up something we commit to taking up a positive habit. This way has no judging, comparing or blaming. The idea is that the good habits will in time outweigh the others. The aim is to become a nicer person to yourself and others. What we give our time and energy to we get good at, so just observe what you do, how you think or what you say. Simply ask "does it do me any good", and leave it at that, without any self criticism. The change will happen naturally.

So what are Toby's top 10 ideas we might use for Lent?

1. Gratitude. Write down **4 new things** each day that you're grateful for in your life.
2. Quiet Time. Plan in 5 to 15+ minutes of 'ME TIME' each day.
3. Connection. **Visit** someone living alone as often as possible over Lent.
4. Connection 2. **Write** a card to someone living abroad.
5. Community. Join a club or group or consider **volunteering**.
6. Thank You. Say a big **thanks** to those in shops or places you meet each day.
7. Smile. A simple smile can uplift the 'drooping spirits'.
8. De-clutter. Getting rid of **unwanted** stuff can be a freeing experience.
9. Media Mania. Leave the phone at home or declare an hour or two without media.
10. Trust. **Worry less** because God has a plan for all. *"There is a time for*

everything, and a season for every activity under the heavens'. Eccl. 3:1

Thank you Toby for your advice, the rest is up to me.

40 days doesn't appear very long so here it goes.

Have a "Wonder-full" week. - F.K.

Croí Nua - Ph 520960. **Ash Wednesday** Reminder of our coming from God, and through the sign of cross in ashes, returning to God. Feb 14th, 7.30p.m. — **Pieta House presenting Suicide Prevention and Suicide Bereavement Support** on Wed 21st Feb 7.30pm to 9.30pm. — **At home with your Bible** every Tues morn 10.15am and again at 7.30pm. — **Good News each Sunday** Reflection on readings of Sun Mass Thurs 7.30pm Fr Patsy Kelly

Galway Samaritans need Volunteers. Find out more at our meeting .Mon 12th Feb @ 8pm at 14 Nuns Island. For info ring 086 2468203 or samsgalwayselection @ gmail.com

Galway Hospice - If you have 2 hours morning or afternoon on a Tuesday/Wednesday we are looking for Volunteer Mini Bus/Drivers for our Day Care Services. Info Rita 770868.

Knocknacarra ICA will host a talk by Dr. Mary Surlis ,a senior manager in the NUIG Access Programme engaging school pupils and seniors in intergenerational dialogue and education which has been piloted in schools in Galway

The Enneagram Part 2 will take place in Esker Retreat House 17th – 19th Feb. Facilitator Fr. Benny Mc Hale. More details or to book contact 091 -844549 or info@redemptoristsesker.ie

Holy Land Pilgrimage 26th June to July 6th organised by Fr Benny Mc Hale. Occupancy fills up very quickly so for more info or to book ring Fr Benny on 081 844227.

Medjugorje Pilgrimage Holy Week 28th March for 7 nights. Spiritual Director Fr Terri Smyth. €679. For further info or to book contact Bernie @ 087 9353953 after 3pm.

Heartsaver CPR & AED Course for family carers in your area. For Info contact 546133 before 23rd Feb

MASS TIMES

WEEKENDS

Saturday: 5:30pm (Vigil)
Sunday: 9:30am, 11am,
12:30pm, 6pm.

WEEKDAYS:

Mon – Fri.: 10am,
7:30p.m (Lent)
Sat.: 10am & 5:30pm

THE PARISH OFFICE

Phone: (091) 523413

E-mail: salthillparish@eircom.net

Hours: Mon-Fri: 9:30—5pm

AT YOUR SERVICE

Office:

Vvonne Thornton
Mon, Tues, Wed.,
Rhona Bolger: Thurs & Fri..

Parish Sister

Sr Breege Ruane

Parish Co-Ordinator:

Frank Keane.

Priests:

Fr. Gerry Jennings ☎ 523 413
Fr. Michael Bailey ☎ 526 006

ADORATION

Blessed Sacrament Chapel
Mon - Fri: 10:30am — 7:30pm

CONFESSIONS

Saturday: following 10am Mass

MORNING PRAYER

Mondays 9:45am - except Bank Holidays.
Week 2 of the Breviary.

Teams for February

Holy Communion

5:30 pm

Ethna Regan
Tony O'Connor

9:30 am

Margaret Quigley
Mai Burke
Joe Burke
Rita Donelan

11:00 am

Patrick Devitt
Mary Bleeker
Florentine Hayden
Tony Lyons

12.30pm

Kay O'Riordan
Marion Mitchell
Maura Forde

6pm

Angela Forde
Gerry Purcell
Judy Collins

STEWARDS

5.30 pm Tony O Connor

9.30 am Sean Killeen
Nicholas Murray
Thomas Quigley

11am Tony O'Connor
Peadar O'Culain

12.30pm
Vincent O'Connor

6:00 pm Brendan Reid
Barry Mitchell

This Weekend

READERS

5.30pm Noel Carr
9.30 am Parish Team
11a.m. Mc Phillips Family
12.30pm Do this in Memory
6p.m. Parish Team

LINENS

Bridie O'Mahoney

FLOWERS

Muriel Silke
Peigi Murphy