

## Mass Intentions this Week

We pray for those who died recently including and those with Anniversaries, Birthday Remembrances etc. at this time of the year who have gone to God.

Sat	31st	5:30pm	Bernadette Mulligan, Dalysfort Road (Months Mind) Dr Eithne Conway Mc Gee (Glenard) ( 1st A) Eamonn Carney (Glenard) (1st A ); Brian Drum (A); Anne Gill (A); David Cunningham (A) Dr Frank Dunleavy (A) and decd family members	G.J.
Sun	1st	9.30am	Private Intention	G.J.
		11 am	Ben Murphy (A); James Kilcare (A)	D.W.
		12.30 pm	Michael Carroll (A); William & Bernadette Costello (A)	C.S.
		6 pm	Eugene O'Farrell (A)	C.S.
Mon	2nd	10am	Malcolm & Darragh Greally (A)	C.S
Tues	3rd	10am	Kathleen Heavey (A) Hannah Maria & Michael O'Connor (A) and decd family.	G.J.
Wed	4th	10am	Special Intention	MSC
Thurs	5th	10am	Kate & Mike Flannery R.I.P. Nora & Harry Murray (A)	G.J
Fri	6th	10 am	Geraldine Barrett (1st A)	C.S
Sat	7th	10am	Michael Tierney (A) Barney & Maureen Geraghty (A)	C.S

### Next Weekend

Sat	7th	5:30pm	Sean & Maureen Conneely (A) Phil (4th A) and Jack Ruddle
Sun	8th	9:30am	Private Intention
		11 am	Thomas & Amy Henry (A)
		12:30pm	Major General Kevin Murphy, Threadneedle Rd (Months Mind) Mark & P.J. Guckian (A)
		6pm	Private Intention

# PARISH NEWS

1st September 2019



**"CHRIST THE KING PARISH — A FAMILY OF FAMILIES"**

## Our Parish in Action .

**ALONE**

Supporting older people  
to age at home

We continue to try to find ways of supporting and befriending people who may be living alone or are in need of companionship in our parish. Lots of good neighbours are doing wonderful work without fuss or drama. If you are a helper or know someone needing this type of help or like to get involved please contact the office. We all have good gifts to share with one another.

Huge thanks to all the Volunteers who make the "Get together lunch" possible. In order to spread the load we need more volunteers— 12:30 to 2p.m. to serve the meal, wash up, provide transport etc. on a rota basis. We would hope to be able to expand the service and widen the range and scope of the various outreach activities. Info at Parish Office if you can be involved. (Lunch is served in Galilee Hse, Yoga takes place in Conference meeting room at back of church)

If you /friend would like to come to the lunch etc contact Parish Office, (Ph 091523413), Good Food, Good Company every Friday + a bit of Chat, Bingo and Cards afterwards. Senior Yoga at 12noon before lunch on Fridays and Yoga on Saturdays 12-1p.m.

### WeeklyEvents:

- **Adoration** - Blessed Sacrament Chapel— Mon - Fri: 10:30am — 7pm
- **Ark Café** Mondays after the 10am Mass at room back of Church. Coffee and a Chat.
- ◆ **Musicians on Monday** at 10.45 in Galilee. Beginners welcome
- ◆ **Gentle Exercise Class: .** Fridays @ 11.45am & Sat at 12 Noon
- ◆ **Seniors Luncheon:** Every Friday at 1p.m
- ◆ **Bridge:** Resumes Monday 9th September @ 2pm in Conference Room
- ◆ **25 Card Game Fridays** Every Friday @ 2pm in Galilee House
- ◆ **A.A. Meetings:** Every morning 8/8:30am in the Conference Room at the back door of the Church. Also - Tues & Sun.8p.m. & Fri 8:30p.m. General Info: 01=8420700

**Cemetery Sunday: Ragoon.** Blessing of graves today Sunday Sept 8th @ 3pm

**We support our schools** as "A Mind is a terrible thing to Waste !"

Salthill Parish is committed to the protection of all children and young people in our Church. See notice boards for contact persons.



THE NATIONAL BOARD FOR  
**SAFEGUARDING CHILDREN**  
IN THE CATHOLIC CHURCH

I was thinking !

Dear Fellow Traveller,

“One day, the Buddha and a large following of monks and nuns were passing through a village. The Buddha chose a large shade tree to sit beneath so the group could rest awhile out of the heat. He often chose times like these to teach, and so he began to speak. Soon, villagers heard about the visiting teacher and many gathered around to hear him.

One surly young man stood to the side, watching, as the crowd grew larger and larger. To him, it seemed that there were too many people traveling from the city to his village, and each had something to sell or teach. Impatient with the bulging crowd of monks and villagers, he shouted at the Buddha, “Go away! You just want to take advantage of us! You teachers come here to say a few pretty words and then ask for food and money!”

But the Buddha was unruffled by these insults. He remained calm, exuding a feeling of loving-kindness. He politely requested that the man come forward. Then he asked, “Young sir, if you purchased a lovely gift for someone, but that person did not accept the gift, to whom does the gift then belong?” The odd question took the young man by surprise. “I guess the gift would still be mine because I was the one who bought it.”

“Exactly so,” replied the Buddha. “Now, you have just cursed me and been angry with me. But if I do not accept your curses, if I do not get insulted and angry in return, these curses will fall back upon you—the same as the gift returning to its owner.” The young man clasped his hands together and slowly bowed to the Buddha. He acknowledged that he understood a valuable lesson.

And so the Buddha concluded for all to hear, “As a mirror reflects an object, as a still lake reflects the sky: take care that what you speak or act is for good. **For goodness will always cast back goodness and harm will always cast back harm.**”

So remember, when someone gives me an emotion of anger, or negativity, I have the unique opportunity to **CHOOSE** whether or not I am going to experience the world in that way. We shouldn't give away our power by letting others live rent-free in our heads, provoking a response of retaliation with criticism or judgment. It's best to simply brush it off, knowing that what was said had **NOTHING** to do with me and keep on going through life. Nobody has the power to change my vibe, but **myself**. I am in control of my actions and reactions.

Have a great week.  
E.B.

[Big Thanks to our “Roving Correspondent” who “Researched” the material for this article]



**Community Notices — “What’s On ?”**

**Galway Samaritans** are recruiting volunteers. Open meetings Tues 3rd and Thurs 5th Sept at 8pm in 14 Nuns Island. Please come along on and find out about the Samaritans and the training you will receive.

**Annual National Grandparents Pilgrimage** Sept 8<sup>th</sup> Knock Shrine 2.30pm. Everybody welcome to honour & thank Grandparents alive & dead for all they have done for us down through the ages. Chief Celebrant Bishop Kevin Doran, Bishop of Elphin. Dana to sing 'Our Lady of Knock'.

**Knock Shrine Annual Mini Vigil** Friday 13th Sept 8.15pm to Midnight. Homily Bishop Brendan Kelly - Holy Hour Fr Benny Mc Hale—see notice board for bus departures - Info 086 8778825

**Galway Choral Assoc** is looking for new singers, all voice-parts. Rehearsals on Sunday evenings in the city-centre. Major work this term is Haydn's Nelson Mass. Info: www.GalwayChoral.ie find them on Facebook or phone Norman Duffy on 085-144-1614

**Personal and Community development Course** begins Fri 27<sup>th</sup> & Sat 28<sup>th</sup> Sept in the Galway Diocesan Pastoral Centre. Facilitator: Martin Kennedy. An information evening will be held at Westside Resource Centre on Wed 11 Sept @ 7.30pm .Info: 086 6098887

**Renmore Pantomime Society** invites you to join our 40th Celebration Ruby Ball! If you have ever been involved with the Society join us on Oct 12th in the Galway Bay Hotel. Tickets are €60 from www.renmorepantomime.com or contacting 0873360205. Dress: Formal (Black Tie Optional); Over 18s.

**Galway Lawn Tennis Club**, Annual Open Day Sat.7th Sept from 10 a.m to 5 p.m. Free coaching, Fun Games, Special Offers and More available on day. All Welcome. facebook.com/galwaylawntennisclub.

**VTOS Galway City Free Adult Education Courses OPEN DAY** Thursday Sept 5th 9.30am- 3.30pm Unemployed and over 21 years of age? QQI levels 4 and 5. Info 566885 dora “vtosgalwaycity.ie”

**Teams for September**

**Eucharistic Ministers**

**5.30pm**  
Marie O’Connor  
Billy Hyland  
Anne White

**9.30am**  
Suzette Liddy  
Anne O’Connor  
Mary O’Mahony  
Sr Angela Maughan

**11am**  
Ann Flanagan  
Val Mc Nicholas

Mgt Mc Loughlin  
Mary Nee  
Ray Mc Guire

**12.30pm**  
Maura Grealish  
Peggy Breslin

**6pm**  
Grace Lyden  
Sr Michael  
Edel Callinan

**Stewards**  
**5.30pm**  
Gerry O’Connor  
Paddy Hennelly

**9.30am**  
Thomas Mc Guire  
Noel Carr

**11am**  
Ml Flanagan  
Joe Tyrell  
**12.30pm**  
Hugh Kavanagh  
Peadar Burke  
**6pm**  
Brendan Reid

**MASS TIMES**

**WEEKENDS**

Saturday: **5:30pm (Vigil)**  
Sunday: **9:30am, 11am,**  
**12:30pm, 6pm.**

**WEEKDAYS:**

**Mon — Fri: 10am,**  
**Sat.: 10am & 5:30pm**

**The Parish Office:**

**Hours: Mon-Fri: 9:30—1pm**  
**Yvonne Thornton [Mon-Wed]**  
**Rhona Bolger [Thurs-Fri]**  
**Phone: (091) 523413**  
**E-mail:**  
**salthillparish@eircom.net**

**Parish Co-Ordinator:**

**Frank Keane.**

**Parish Sister:**

**Sr Breege Ruane**

**Music Director:**

**Jackie Lillis.**

**Priests of the parish:**

**Fr. Gerry Jennings 523 413**  
**Fr Charlie Sweeney MSC**  
**523413**

**Priests In Residence:**

**Fr. Michael Bailey, OFM**  
**523413**

**Adoration**

**Blessed Sacrament Chapel**  
**Mon - Fri: 10:30am — 7pm**

**Readers**

**5.30 pm Mulligan Family**  
**9.30 pm Parish Reader**  
**11am Murphy Family**  
**12.30 pm Carroll Family**  
**6pm Parish Reader**

**Linens**

**Maura O’Halloran**

**Flowers this week**

**Patricia Donohoe**  
**Rosemary Murphy**

**Big Thank You to All !**