

## Mass Intentions this Week - online only.

We pray for all those who died recently including **Patrick Tomkins**, (Knocknacarra) brother of Mary Wade Kingston: **Charlie Doherty**, (Presentation Rd) brother in law of Colette Burke, Devon Pk for all with Anniversaries, Birthday Remembrances etc. at this time of the year and all who have gone to God.

Sat 20th	5:30pm	Michael Mannion (1st A) Peggy & Pat Stack (A) Active, Retired and Deceased members of An Garda Siochana	C.S.
Sun 21st	9.30am	Eileen Kennedy (Months Mind) John Hannan (1st A) Cissy & Michael Morris (A)	D.W.
	11 am	Ambrose Carroll (1st A) David O'Reilly (26th A) Special Intention	G.J.
Mon 22nd	10 am	Sean Mc Manamon (A) Evelyn & T.A. Callanan (A) & Gerard Callanan Mary & Sean Guinan (A)	G.J.
Tues 23rd	10am	Albert O'Halloran (A) Annette Ecker R.I.P. Tony, Sharon & Dana O'Malley (A)	G.J.
Wed 24th	10 am	Bridie & Martin Brennan (A) Wilf Regan R.I.P.	MSC
Thurs 25th	10 am	Luke & Mona Freeley (A) Charlie Doherty R.I.P. Andrew, Molly & Eamonn Clarke (A)	C.S.
Fri 26th	10am	Michael E Molloy (A) James Taylor (A)	C.S.
Sat 27th	10am	Mary Mullen (A) Sr Carmel & Nora Connolly (A)	C.S>

### Mass Intentions Next Weekend include:-

Sat 27th	5:30pm	Fred Creaven (A)
Sun 28th	9:30am	Private Intention
	11 am	Rita Tyrell (Months Mind) Peter & Lily Burke (A) Fr James Heaney (A)

# PARISH NEWS

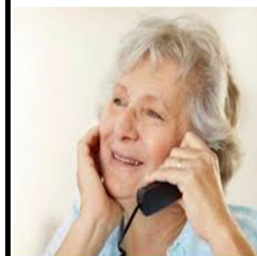
21st February 2021

*"CHRIST THE KING PARISH — A FAMILY OF FAMILIES"*



## Parish Notices

**No Public Masses** until FURTHER NOTICE due to Covid restrictions.  
**All our Masses are on-line** "[salthillparish.ie](http://salthillparish.ie) - live web cam". We hope you will join us on the airways in prayer for Mass, Anniversaries, Special Intentions etc.  
**Weekends** : Vigil Mass Saturdays at 5:30 and Sundays at 9:30 and 11 a.m.  
**Weekday Mass**: 10 am daily Mon-Sat.  
**Church open** for private visits after Mass until dark each day. All Welcome.  
**Parish Office** open as usual Mon-Fri) 9:30am to 4:30pm (lunch 1-2pm)



### **"Friendly Parish Call"**

Salthill Parish are missing your presence and this lockdown may continue for a while longer. There is a big campaign by groups like HSE, City Council, Lions Club, Cope, etc to encourage people to connect with each other by phone. Connectiveness is important - "*no person is an island entire unto themselves*" (John Donne). In the next few weeks as a parish we aim to reach out by phone and use it as a way to share how you're managing (or not) and also what you're missing or looking forward to. If you would like to be included in our "call out" list or if you have a suggestion or a query please phone the 523413 or text us on 083 0264442.

**Together we can help each other.**

Salthill Parish is committed to the protection of all children and young people in our Church.  
See notice boards for contact persons.





## Feast – Lent – Fast

This Lent may I weave a spirit of fasting and feasting into my Lenten journey.

Feast on sowing seeds of compassion and gratitude  
Fast from ungratefulness.

Feast on embracing the goodness within me  
Fast from self-pity.

Feast on letting God carry me in my difficult moments  
Fast from carrying my burdens alone.

Feast on admitting my strengths and weaknesses  
Fast from negative thinking and discouragement.

Feast on asking for help and  
Fast from being self-sufficient.

Feast on my giftedness and  
Fast from gossip.

Feast on nourishing and affirming others  
Fast from being self-righteous.

Feast on allowing God to love me and  
Fast from getting lost in the rush of life.

Feast on respecting the earth and its people  
Fast from polluting our sacred planet.

Feast on welcoming everyone with Gospel hospitality  
Fast from excluding people from my heart.

Feast on prayer and silence.  
Fast from idle talk.

Feast on the Word of God  
And fast from making my Lenten journey alone. C.S.

## CROI NUA LENTEN PROGRAMME ON ZOOM

Wed 24th Feb- Our Lenten Journey 7.30pm

To discover how the Good news can bring a new understanding and light to the journey that we are on during this time.

Led by Nollaig O'Donnell and Croi Nua Team  
Wed 3rd Mar A Journey of Discovery of Our Own Goodness 7.30pm

Fr Benny McHale will lead us into to discovering how we can cope better with the lockdown and make this time of Lent a time of growth and renewal and how our different personality' traits can enable us to adapt and grow during this time.



### **2021 Trócaire Lenten Campaign**

Every year Trócaire asks for your help during Lent to fund lifesaving programmes around the world.

The Galway Lions Club have joined with HSE Community Services and the Galway City and County councils to support people to mind their physical and mental health and wellbeing over the coming months by distributing a 20 page booklet. You will find some ideas there to help you through this difficult time. This can be downloaded at; [www.galwaycity.ie/wellbeing](http://www.galwaycity.ie/wellbeing)  
Below are Support Services to Reassure us all in these difficult times.

**Mental Health Information: 1800 111 888**

**Pieta Crisis Helpline. 1800 247 247**

**Samaritans. 116 123 or Text Help 50808**

## **MASS TIMES**

### **ON-LINE ONLY**

#### **WEEKENDS**

Saturday: 5:30pm (Vigil)

Sunday: 9:30am, 11am,

#### **WEEKDAYS:**

Mon – Sat.: 10am.

#### **The Parish Office;**

Hours: Mon-Fri: 9:30–1pm  
2pm –4.30pm

Yvonne Thornton [Mon-Wed]

Rhona Bolger [Thurs-Fri]

Phone: (091) 523413

E-mail:

[Salthill@parishes.galwaydiocese.ie](mailto:Salthill@parishes.galwaydiocese.ie)

#### **Parish Co-Ordinator:**

Frank Keane.

**Parish Sister:** Sr Breege Ruane

**Music Director:** Jackie Lillis.

#### **Priests of the Parish:**

Fr. Gerry Jennings 523 413

Fr Charlie Sweeney MSC  
523413

## Flowers

Peigi Murphy  
Muriel Silke